

# Lion Rock Gluten Free Menu

## Breakfast Menu

### Morning Specials (Served 10-12)

**Eggs benedict:** (v)(gf)

Toasted gluten free bread topped with two poached eggs,  
ham & hollandaise sauce. 7.45

**Breakfast bun:** (gf)

Toasted gluten free bread stacked with butcher's bacon, pork sausage,  
free range egg and a hash brown. 6.95

**Avocado toast:** (v)(gf)

Toasted gluten free bread topped with mashed avocado topped with poached eggs  
& smoked salmon. 8.95

**Bubble & squeak:** (v)(gf)

Homemade bubble & squeak topped with fried egg  
served with a dish of beans. 6.95

**Pancakes:** (vg)(gf)

Banana oat pancakes topped with bananas and maple syrup. 5.95

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### All Day Breakfast (Served 10-4)

(Sorry no changes to the all days)

**Mini:** (gf)

One free range egg, butcher bacon and gluten free  
sausage with grilled tomato, mushroom, hash  
brown, sauté potatoes, beans and gluten free  
toast. 6.95

**Mini veg:** (v)(gf)

One free range egg with bubble & squeak,  
grilled tomato, mushroom, hash brown,  
sauté potatoes, beans and gluten free  
toast. 6.95

**Big:** (gf)

Two free range eggs, butcher bacon and gluten free  
sausages with grilled tomato, mushroom, hash  
brown, sauté potatoes, beans and toast. 8.95

**Big veg:** (v)(gf)

Two free range eggs with bubble & squeak,  
grilled tomato, mushroom, hash brown,  
sauté potatoes, beans and gluten free  
toast. 8.95

**Bigger:** (gf)

Three free range eggs, butcher bacon and gluten  
free sausages with grilled tomato, mushroom, hash  
brown, sauté potatoes, beans and gluten  
free toast. 11.95

**Bigger veg:** (v)(gf)

Three free range eggs with bubble & squeak,  
grilled tomato, mushroom, hash brown,  
grilled halloumi, sauté potatoes, beans  
and gluten free toast. 11.95

**Additions:** Avocado 2.00/grilled halloumi 1.25/bacon 1.00/sausage 1.00/beans 1.00/slice of gluten free  
toast 75p/black pudding 75p/bubble & squeak 1.75/sautés .60/hash .60/tomato .40/mushroom .40

**Please ask for a Manager to take your Gluten Free order for you.**

(v) Vegetarian, (vg) Vegan, (gf) Gluten free (Separate menu available, please ask your server).

**Food Allergies & Intolerances**

Before you order your food & drink please speak to our staff if want to know about our ingredients'

# Lion Rock Gluten Free Menu

## Lunch Menu

### Soup of the day (gf)

Ask your server for today's homemade soup of the day served with gluten free bread & butter. 4.95

### Halloumi salad (v)(gf)

Grilled halloumi, avocado, mixed leaves, cucumber, sweetcorn and tomato with balsamic dressing. 7.95  
Add bacon & chicken 2.95

### Avocado brunch (vg)

Diced avocado with tomato & red onion salsa served on granary toast with button mushrooms and a balsamic glaze. 8.20

### Sandwiches (gf)

Local mature cheddar & spicy tomato chutney. (v)  
Tuna mayonnaise.  
Coronation chicken.  
Roast ham and coleslaw.  
Smoked salmon & cream cheese. (add £1)  
Cream cheese & cucumber. (v)  
On gluten free bread served with a dressed salad. 5.99

### Lunch and a cream tea (gf)

Choose from our sandwich list above and a one scone gluten free cream tea from our selection. 9.95

### Cheese on toast (v)(gf)

Gluten free toast topped with local cheddar cheese and grilled to perfection. 5.85

### Chips (v)(gf)

Basket of hand cut chips 3.55  
Basket of sweet potato fries 3.95  
Add local mature cheddar, pepper & garlic cheddar or draycott blue cheese 1.25

### Chilli chips & cheese (gf)

Our signature homemade chilli stacked on hand cut chips topped with local mature cheddar topped with sour cream. 9.95  
(Veggie & vegan available)

### Gourmet burger (gf)

Homemade beef burger stacked with local cheddar, tomato, gherkins and red onion chutney in a toasted gluten free ciabatta served with dressed salad and hand cut chips. 10.95  
Add bacon or avocado. 13.95

### Buddha bowl (gf)

Brown rice, quinoa and spinach topped with tomato, sweetcorn avocado and veggie crisps. 7.95(vg)

### Ploughmans (gf)

A selection of local cheese including authentic 'cave aged cheddar, fresh salad, pickles, chutney, ciabatta & homemade coleslaw. 11.45 (v)  
Add ham. 1.25

### Gourmet sandwich (gf)

Salt beef, local cheddar, gherkins & russian sauce.  
Chicken, bacon, mayo, tomato & lettuce.  
Halloumi, roast red pepper & red onion chutney(v)  
Cave aged cheddar, mixed leaves and spicy tomato & caramelised onion chutney(v)  
In a gluten free ciabatta with dressed salad & sweet potato chips. 8.99

### Jacket potatoes (gf)

Local cheddar & beans. 7.75 (v)  
Local cheddar & homemade coleslaw. 7.95 (v)  
Coronation chicken. 7.95  
Tuna mayo. 7.80  
Homemade chilli & local cheddar. 8.35  
(Veggie & vegan available)  
All served with a dressed salad.

**Additions:** Coleslaw 1.65, toast your sandwich .95, upgrade to sweet potato fries .95, add cheese to your chips 1.25,

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# Lion Rock Gluten Free Menu

## Homemade Cakes

Chocolate fudge (gf). 4.05

Chocolate brownies (gf). 3.05

Banana loaf (gf) 3.75

(Ask your server for other gluten free cakes available)

## Afternoon Tea (Served from 12-4)

(Our afternoon teas can be split across two stands if one person has an intolerance)

### The classic (gf)

Delicate cut sandwiches filled with roast ham and cream cheese & cucumber, homemade fruit scone with strawberry jam & clotted cream with a choice of gluten free cake above, served with a pot of our house loose tea. 15.95 per person  
(Minimum two persons)

### The celebration (gf)

Delicate cut sandwiches, filled with mature local cheddar, coronation chicken and smoked salmon cream cheese, homemade fruit scone with strawberry jam & clotted cream with a choice of gluten free cake above, served with a pot of our house loose leaf tea & a glass of prosecco. 21.95 per person  
(Minimum two persons)

You may change tea for a drink of choice, some may have additional cost.

## Cream tea

### The original cream tea (gf)

Homemade fruit or plain scones, local clotted cream and strawberry jam served with a pot of our house loose tea.

One scone £4.95 Two scone £5.85

### Cherry delight (gf)

Homemade cherry scones, local clotted cream and morello cherry jam served with a pot of our house loose tea.

One scone £4.95 Two scone £5.85

### Chocolate heaven (gf)

Homemade chocolate scones, local clotted cream and thick chocolate spread served with a pot of our house loose tea.

One scone £4.95 Two scone £5.85

### Gentlemen's savoury (gf)

Homemade cheddar cheese scones, cream cheese and spicy tomato chutney served with a pot of our house loose tea.

One scone £4.95 Two scone £5.85

### Queen victoria (gf)

Homemade fruit or plain scones, local clotted cream and lemon curd served with a pot of our house loose tea.

One scone £4.95 Two scone £5.85

You may change tea for a drink of choice, some may have additional cost.

## Ice cream

### Chocolate nut sundae (gf)

Layered vanilla & chocolate ice cream with choc sauce, nuts topped with whipped cream and a chocolate flake 5.95

### Knicker bocker glory (gf)

Layered vanilla & strawberry ice cream with choc sauce, nuts topped with whipped cream and a chocolate flake 5.95

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