

Lion Rock Tea Rooms

Icons denote are, or are available as (v) Vegetarian, (vg) Vegan, (gf) Gluten free. Just ask.

Breakfast Menu (10-3:30)

All breakfasts are available (gf) gluten free-just ask.

Mini

One free range egg, butcher bacon and pork sausage, grilled tomato, mushroom, hash brown, sauté potatoes, beans and toast. 7.00

Mini veg (v)

One free range egg with bubble & squeak, grilled tomato, mushroom, hash brown, sauté potatoes, beans and toast. 7.00

Mini vegan (vg)

Bubble & squeak, avocado, grilled tomato, mushroom, hash brown, sauté potatoes, beans and toast. 7.00

Big

Two free range egg, butcher bacon and pork sausage, grilled tomato, mushroom, hash brown, sauté potatoes, beans and toast. 9.00

Big veg (v)

Two free range egg with bubble & squeak, grilled tomato, mushroom, halloumi, hash brown, sauté potatoes, beans and toast. 9.00

Big vegan (vg)

Bubble & squeak, avocado, double grilled tomato, mushroom, double hash brown, sauté potatoes, beans and toast. 9.00

Lunch Menu

(Hot food finishes an hour before close, cold served till close)

Soup of the day (v)(vg)(gf)

Ask your server for today's homemade soup of the day served with a crusty ciabatta & butter. 5.00
Gluten free bread available.

Lunch and a cream tea (v)(vg)(gf)

Choose one sandwich and a one scone cream tea from our selections overleaf served together on a two-tier stand. 11.00

Avocado brunch (v)(vg)(gf)

Toasted ciabatta smothered with smashed avocado, sliced tomato and red onion finished off with a balsamic dressing and chilli flakes. 7.00

Steak pasties

Award winning 'proper' cornish steak pasty, served with dressed salad and hand cut chips. 8.50

Soup and a sandwich (v)(vg)(gf)

A bowl of homemade soup of the day alongside your choice of sandwich from the list opposite. 11.50

Veg pasties (v)(vg)

Another award winner, the 'Chunk' vegan pasty filled with potato, butternut squash, sweet potato and onions served with dressed salad and hand cut chips. 8.50

Salad bowl

Mixed dressed leaves, cucumber with tomato and homemade salsa, with your choice of toppings from below. 8.95
Vegan cheese & avocado (v)(vg)(gf)
Roasted ham and boiled egg (gf)
Grilled halloumi (v)(gf)
Add avocado to any of above 2.00

New

Sandwiches

Local mature cheddar & real ale chutney (v)(vg)
Tuna mayonnaise
Vegan cheese and tomato (vg)
Avocado, cucumber and spicy red onion chutney (vg)
Roasted ham and cheddar
Smoked salmon & cream cheese (Add £1).
Free range egg mayonnaise (v)
On crusty white or granary with dressed salad. 7.00

Gluten free bread available.

served together on a two-tier stand. 11.00

Cheese on toast (v)(vg)(gf)

Chunky white or granary toast topped with local mature cheddar or vegan cheese grilled to perfection. 6.00

Ploughman's (v)(gf)

A platter of locally made cheeses with fresh salad, pickles, chutneys, crusty ciabatta and homemade coleslaw. 12.00
Add ham. 1.25

Chilli chips & cheese (v)(vg)(gf)

Our signature homemade chilli stacked on hand cut chips topped with local mature cheddar topped with sour cream. 10.00

Chips (v)(vg)(gf)

Basket of hand cut chips 4.00
Top with either: local mature cheddar, chilli & garlic mature cheddar, draycott blue cheese, or vegan cheese. 2.00

Cheeseboard (v)

A platter of locally made cheeses with crackers and chutneys. 10.50

Food Allergies & Intolerances

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Before you order your food & drink please speak to our staff if want to know about our ingredients'