# Lion Rock Tea Rooms

# Tea List

#### House tea

This has a high assam content, for strength and colour, together with high grown kenya teas for flavour and brightness, to produce a blend of exceptional quality. Best served with milk. (Decaf available) 2.25

### Earl grey

This earl grey is delicately scented with real oil of bergamot to give a wonderful citrus note. Lemon compliments this tea very well. 2.70

#### Assam

Assam tea is the cream of the indian crop and has been the backbone of british blends for a century. It is a black tea with a strong, malty character. Best served with milk. 2.65

#### Ceylon

Ceylon tea has a proud heritage in britain and for years made up much of the high-street blends. Drink it with or without milk 2.65

#### Darjeeling

The high elevation of darjeeling brings copious rainfall, cool nights and warm sunny days, producing some of the best tea in the world. This tea has a beautiful autumn colour. Best drunk on its own, or with lemon. 2.75

# Lapsang souchong

A fine blend of pure china lapsang souchong teas, with a dark liquor and its signature smoky character. Best drunk on its own, or with lemon. 2.90

# **Speciality Tea List**

### Pinhead gunpowder

Rolled into pellet like balls, which unfurl upon infusion into large green leaves. This tea produces a green liquor with a strong, slightly astringent, flavour. Served on its own. 2.95

# Russian caravan

Russian caravan is a blend of oolong, keemun and lapsang souchong teas. The name originates from the 18th century camel caravans that facilitated the transcontinental tea trade from tea-producing areas to europe via russia. Best served on its own. 3.00

# Roobois (redbush)

Rooibos is popular in western countries, due to its high level of antioxidants, its lack of caffeine, and its low tannin levels. Best served on its own or with milk.

# Jasmine madam butterfly

This tea has an incomparable jasmine character. It is produced by layering hand plucked jasmine petals and green tea from the fujian province in china. Best served on its own. 4.05

# Peppermint

The cool aroma of mint has a refreshing clean taste. Of course, loose leaf too 2.75

# Camomile

These delicate flowers are carefully dried and kept intact for a sweet and soft flavour. Clean and subtle, these flowers are also wonderfully calming and, of course, caffeine free. 3.65

#### Mango & passion fruit

Mango & passion fruit flavoured & loose leaf too 2.85

### **Berry fruits**

Delicious berry fruit flavoured tea. Of course, loose leaf too. 2.85

#### Chun mee

Chun mee means "precious eyebrow" because the leaves are rolled into the shape of eyebrows and then pan-fried. The tea has pale yellow liquor and a slight astringency. Best served on its own. 3.05

# Food Allergies & Intolerances